



# AGILE WORK IN SCIENCE or: The future of work in science?

#### **Dates**

September 6, 13:30 -16:30 (online)
September 12, 9:30- 17:30 (on-site at ZMT in Bremen)
September 27, 9:30 - 12:30 (online)

#### **Course Description.**

The aim of the training series 'Agile Work in Science' is to show scientists in early career stages creative and agile working methods that are state-of-the-art outside of science and would also be valuable and useful in science. In doing so, we will cover the corresponding mindsets of "agile work", "new work" or "inner work" as well as concrete methods and approaches that the participants can transfer to their work reality.

What you can get out of this course

- An overview on central principles of "new work", e.g. and a better understanding of the ideas behind these buzzwords. You can reflect how these ideas could be transferred into your own work in academia.
- You have experienced "Design Thinking" as a method for creative work and reflected in how far it could be used for your working tasks in academia.
- You will learn how meetings can be designed to be efficient and worthful for everybody attending based on the "new work"-mindset. This also includes learning different procedures on how fair decisions can be made in the team or in the research group.

The courses will be characterized by a balance between theoretical impulses, actively trying out what you have learned, networking among participants as well as self-reflection and discussion.

We are working together with two professional coaches from <u>INNOKI</u>, a berlin-based Innovation consultancy. Both have lots of experience with "New Work" and also the science sector.

### 1. MODULE NEW WORK

// 3h // online - September 6, 13:30 -16:30

In this training we will discuss and deepen three essential principles of the New Work approach: i) self-organization, ii) holism and iii) evolutionary purpose. The content is specially adapted for the scientific context. We show 5 pillars of implementation and offer space to think through and derive the transfer into your own everyday work.

## 2. MODULE DESIGN THINKING

// 1 day // on-site at ZMT - **September 12, 9:30- 17:30** 

After a brief introduction into agility and the design thinking approach, the participants go through the entire design thinking process using a pre-defined. The participants will directly